
SMART DEVELOPMENT ACADEMY

A unit of MM Trust

Research & Support services
Training of Individuals (TOI) and Training of
Trainers (TOT)
Need Assessment and Evaluation study
Counselling & Guidance



Adress: South Street, Thalakuddi Post,
Lalgudi, Trichy-621216
Mobile: 0091 - 9443635290
Email: mmtrusttrichy@gmail.com

The SMART Development Academy of MM Trust is offering its services in the Tamil Nadu and Puducherry area. Its aim is to make individuals understand and actualize their inner potential for positive action, by identifying and enhancing their skills through innovative training methods, facilitating them in getting exposed to different kinds of skills, and stimulating them to gain knowledge, and implement this in their personal and professional life.

TOPICS/THEMES COVERED

Soft Skill:

- Conversation skill/ Spoken English
- Problem solving skill
- Time management
- Decision making skill
- Planning
- Reporting/ Documentation
- Budgeting
- Interviewing skill
- Listening skill
- Relationship building

Behavioral Skill:

- Interpersonal skill
- Personality development
- Stress management
- Leadership
- Counseling
- Motivation
- Innovation
- Facilitation
- Crisis intervention
- Emotional quotient EQ

Life Skill:

- Communication skill
- Team building/work
- Negotiation skill
- Lateral thinking
- Creativity
- Bargaining skill

- Memory power
- Coping mechanism
- Conflict resolution
- Personal values

KNOWLEDGE GAIN PROGRAMMES

- | | |
|-------------------------------|--|
| ▪ Health and hygiene | ▪ Safety Management |
| ▪ Women rights | ▪ Environment Management |
| ▪ Child rights | ▪ Self esteem |
| ▪ HIV/AIDS | ▪ Social laws |
| ▪ Alcoholism/ Drug addiction | ▪ Health laws |
| ▪ Disabled rights | ▪ Disaster Management |
| ▪ Aging and productive living | ▪ Child rearing and Positive parenting skill |
| ▪ Gender sensitization | ▪ Happy marital life |
| ▪ Adolescents problem | ▪ Career guidance |
| ▪ Industrial relations | |

ATTITUDE CHANGE PROGRAMMES

- Meditation
- Yoga
- Spiritual Quotient (SQ)
- Serenity Prayer
- Neuro Linguistic Programme (NLP)

THE METHODS BEING USED

- Field Visits & Study Tours
- Case Study
- Discussion & Presentation
- Group Exercise & Group games
- Role Play & Brainstorming
- Debate & Quiz
- Lectures & Conferences

THE SECTORS WE ARE WORKING FOR

- **Corporations:** Manufacturing industry / Service industry/ IT and ITES
- **Foundations:** Public Trust/Society/Nonprofit Company/Government Agency
- **Institutions:** Technical Institute/ University/ College/School

OUR TASK FORCE

Name	Qualification	Experience
M.Rajendiran	MSD., Dip in M.H., (London)	15 years
T.Muthukumar	MSW., MPhil., M.L.,	12 years
J. Rebecal	MSW., Msc Psy.	18 years
A.Alexandar	MSc.,	18 years
C.Santhakumar	MSW. DTP, DEDP., MBA.,	10 years
Dr.Suresh Kumar	MSW., Phd.,	10 years
A.Amalos	MSD., M.A., Psy.,	12 years
S. Rajeswari	MSW., MPhil.,	10 years
Prabhu	MSW., MPhil.,	5 years

A FEW PAST ACHIEVEMENTS

- European & culture and customs and Building self-confidence for Overseas volunteers, Physically challenged and aged of the London Cheshire International, England
- Coping mechanism and Anger Management for youth and children in Distress of the Dezande Youth Prison, Diksmuide, Belgium
- Immigration and emigration producers for overseas laborers, for Indian youth in Singapore
- Indo-Japan Cultural Similarity for the staff of the Consulate-General of Japan in Chennai
- Child protection and policy for the children and adolescents of the **Save The Children UK project** in Nagapattinam
- Education on Sex and Sexuality for the Adolescents and Women group of the **TNVHA Health Association** in Chennai
- Child Rights and Protection Juvenile Justice Act 2000 for the **Child Helpline** in Trichy
- Interpersonal Communication, Leadership and Teambuilding for the employees and marketing representatives of **Rohini Herbal International** in Chennai
- Counseling and Guidance for the counselors and field managers of **Tamil Nadu Aids Initiative in Chennai**
- Disaster management and Stress Management for the Youth and Women Self Help Groups of the **Christian Relief Services Project (US)** in Nagapattinam
- Other subjects covering hygiene, research methodology, gender sensitization, parenting, industrial relations and marital life for target groups such as **students and teachers, police personnel and trade union officials**

CONTACT US FOR MORE INFORMATION

